

**IMPORTANT INFORMATION *Only For***  
***Mothers-to-be, New Mothers,***  
***Mothers who are breastfeeding their babies or***  
***Mothers with children less than 5 years old***



***Are you any of the above? If you are, and if you meet certain qualifications, you may be eligible for WIC.***

**What is WIC ?** *WIC is a supplemental food and nutrition education program for Women, Infants, and Children.*

- WIC provides healthful food every month to mothers, babies, and young children up to age 5. Beneficiaries must meet the eligibility guidelines and have a medical or nutritional risk.
- Mothers also receive education on food and nutrition for themselves and their children.
- WIC provides referrals for other health care needs.



**WIC supports breastfeeding mothers in many ways.**

- Mothers receive information on why breastfeeding is good for them and their babies.
- In selected areas, WIC offers free prenatal classes, support groups, and counseling on breastfeeding.
- WIC also provides free breast pumps to help mothers returning to work or school.

**Where can you apply for WIC?**

- Your local health department or health clinics
- Community health centers or health clinics that offer WIC services

**What should you bring with you to apply for WIC?**

- Your current Medicaid card
- Some form of identification, such as your driver's license
- A bill showing your current home address, such as your water bill or light bill



**Has your child had an EPSDT well-child check-up?**

- If not, please contact your local health department, community health center, or your regular doctor for more information.

***The Division of Medicaid and The Mississippi Department of Health want to help you and your children stay healthy!***  
***For more information on where and how to apply for WIC,***  
***call 1-800-545-6747 (WIC.) Information on WIC is also avail-***  
***able for Limited English Proficiency and Sight-Challenged***  
***Individuals.***

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